

Duration: 7-8 Months

Class Timings: 5 hours/day, 6 days a week

Batch Type: Weekday Batch

Mode: Hybrid (Offline/Online)

Phase 1: Foundation & Prelims Core (Months 1-4)

Objective: Build a strong foundation by covering core subjects required for both Prelims and Mains, ensuring a thorough understanding of basics with extensive practice.

Month 1: DSERT Foundation, Polity & History

- **Week 1-2:**
 - **Introduction to KAS Exam Pattern** (Prelims & Mains)
 - **Study Strategy:** Time management, resource planning
 - **Syllabus Breakdown** and material reference (DSERT)
 - **Polity:**
 - Preamble, Fundamental Rights, DPSP, Fundamental Duties
 - Union Executive, Parliament, State Legislature, Local Governance (Panchayati Raj), Constitutional Amendments
 - Polity of Karnataka
 - **History:**
 - **Ancient India:** Prehistoric Cultures, Harappan Civilization
 - Vedic Period and Rise of Mahajanapadas, Mauryan Empire
- **Week 3-4:**
 - **Polity:** Judiciary (Supreme Court, High Courts), Constitutional Bodies (Election Commission, CAG, UPSC)
 - **History:**
 - **Medieval India:** Delhi Sultanate, Mughal Empire
 - Regional Kingdoms: Vijayanagara Empire, Bahmani Kingdom
 - **Mental Ability:**
 - Basic Numeracy, Logical Reasoning, Problem Solving, Percentage, Ratio-Proportion
 - **Weekly Deliverables:**
 - DSERT-based quizzes
 - Mock tests (Polity, History, Mental Ability)

Month 2: Geography & Economy Foundation

- **Week 5-6:**
 - **Geography:**
 - Physical Geography of India: Physiography, Climate Zones, Rivers, Mountain Systems
 - Indian Monsoon System, Drainage Patterns, Soil Types
 - **History:**
 - **Modern India:** British Expansion, Revolt of 1857, Socio-Religious Reform Movements
- **Week 7-8:**
 - **Economy:**
 - Basic Economic Concepts: GDP, Inflation, Fiscal Policy
 - Agriculture in India: Green Revolution, Land Reforms, Agricultural Subsidies, Karnataka's Agricultural Scenario
 - **Geography (Karnataka):**
 - Karnataka's Geography: Climate, Soil, Water Resources
 - Natural Vegetation and Forests, Wildlife and National Parks of Karnataka
 - **Mental Ability:**
 - Data Interpretation, Logical Reasoning, Decision Making
 - **Weekly Deliverables:**
 - Mock tests (Geography, Economy, History)
 - Daily answer writing practice for Prelims topics

Month 3: Science & Technology and Karnataka Special

- **Week 9-10:**
 - **Polity:**
 - Governance Policies in Karnataka, Centre-State Relations, Emergency Provisions
 - Important Amendments, Special Provisions for Karnataka
 - **Science & Technology:**
 - Indian Space Program, Biotechnology, Information Technology, Renewable Energy
 - Karnataka's Contributions to Science & Technology
 - **Current Affairs:**
 - Karnataka Government's Policies, National Schemes, Budget
 - **Mental Ability:**
 - Logical Sequencing, Critical Thinking, Data Sufficiency
- **Week 11-12:**
 - **History (Karnataka):**
 - Early Karnataka Dynasties (Chalukyas, Kadambas, Hoysalas)
 - Freedom Movement in Karnataka, Unification of Karnataka
 - **Science & Technology:**

- Innovations in Health and Medicine, Recent Technological Developments
- Karnataka's Renewable Energy Initiatives and IT Sector Growth
- **Weekly Deliverables:**
 - Mock tests (Karnataka History, Science)
 - Karnataka-based weekly quizzes

Month 4: Environment & Prelims Revision

- **Week 13-14:**
 - **Environment & Ecology:**
 - Biodiversity, Conservation Efforts, Environmental Policies in India
 - Karnataka's Biodiversity, National Parks and Wildlife Sanctuaries, Climate Change
 - **Current Affairs:**
 - Karnataka's Government Initiatives, National and International Events
 - Economic and Environmental Policies Impacting Karnataka
- **Week 15-16:**
 - **Mental Ability:** Full-length practice papers
 - **Prelims Revision:**
 - Comprehensive Revision of all Prelims Subjects
 - Focus on key areas identified through mock tests
 - **Weekly Deliverables:**
 - Mock tests and Prelims-oriented quizzes
 - Doubt-clearing sessions for difficult topics

Phase 2: Mains Preparation and Prelims Focus (Months 5-7)

Objective: Detailed coverage of Mains subjects and concurrent Prelims revision with mock tests.

Month 5: GS Paper 1 and 2 (Mains)

- **Week 17-18:**
 - **General Studies Paper 1:**
 - Modern History of India, Indian National Movement
 - World History, Post-Independence History
 - **General Studies Paper 2:**
 - Indian Constitution, Political System, Panchayati Raj
 - Governance Policies, Social Justice, International Relations
 - **Prelims Revision:**
 - Polity and History Full-Length Prelims Mock Tests

- **Week 19-20:**
 - **General Studies Paper 1:**
 - Indian Society: Social Issues, Poverty, Population, Women's Empowerment
 - Geography of India and the World
 - **General Studies Paper 2:**
 - Public Administration, Indian and Karnataka Government Policies, Welfare Schemes
 - International Affairs: India's Foreign Policy, Global Organizations
 - **Mental Ability Practice Papers:** Focus on decision-making, analytical reasoning

Month 6: GS Paper 3 and 4 (Mains)

- **Week 21-22:**
 - **General Studies Paper 3:**
 - Indian Economy: Planning, Resource Mobilization, Liberalization
 - Agriculture, Food Security, Industrial Development
 - Karnataka Economy
 - **General Studies Paper 4:**
 - Ethics and Integrity in Governance
 - Attitude, Emotional Intelligence, Moral Thinkers and Philosophers
 - **Prelims Mock Tests:** Full-length practice tests and answer writing
- **Week 23-24:**
 - **General Studies Paper 3:**
 - Environmental Issues, Disaster Management, Science and Technology
 - Developmental Challenges, Sustainable Development
 - **General Studies Paper 4:**
 - Case Studies on Ethics in Public Administration
 - Moral Dilemmas, Public/Civil Service Values
 - **Weekly Deliverables:**
 - Full-length GS 3 and GS 4 Mock Tests
 - Current Affairs quiz and Karnataka-specific tests

Month 7: Full-Length Mock Tests and Final Revision

- **Week 25-28:**
 - **Prelims Revision:**
 - Full-Length Prelims Mock Tests (General Studies + Mental Ability)
 - Revision of Key Areas: Polity, Geography, Economy, History, Science
 - **Mains Revision:**
 - Full-Length GS Paper 1 to Paper 4 Mock Tests
 - Ethics Case Studies, Public Administration, Indian and Karnataka Policies

- **Current Affairs:**
 - Focus on last 6 months' key national and state-level issues
- **Weekly Deliverables:**
 - Mock Test Evaluations and Performance Feedback
 - One-on-One Mentoring for Final Mains Strategy

Post-Plan Evaluation & Feedback:

- **Evaluation:** Individual performance feedback based on mock test results
- **Personalized Mentorship:** One-on-one sessions to address weak areas

Suggested Study Materials:

1. **DSERT Books** for History, Geography, Polity, and Economy
2. **Indian Polity by M. Laxmikanth**
3. **Spectrum's Modern Indian History**
4. **Indian Economy by Ramesh Singh**
5. **Yojana and Kurukshetra Magazines**
6. **Karnataka History & Economy Specific Materials**